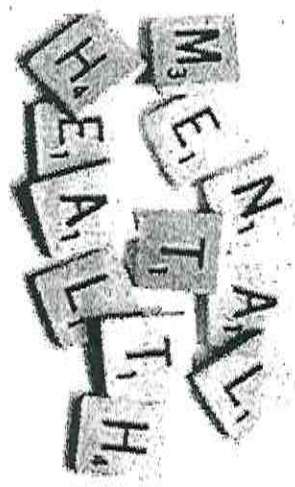




Are you dealing with serious mental health issues?
 Are you trying to cope and feel overwhelmed?
 And don't have Medicaid?

No Problem!

We care. We can help!
 This program is designed especially for YOU!



Helping you
 unscramble your life.

Contact: Ted Jordan
 Non-Medicaid Care Coordinator

tjordan@oleanilc.org

*Cattaraugus County Non-Medicaid Care
 Coordination accepts referrals from SPOA,
 community organizations or by self-referral.*

Directions
 DIL, inc. in Independent Living, Inc.



We can help!

Cattaraugus County

**Non-Medicaid
 Care Coordination**

Offering compassionate,
 comprehensive, and caring
 case management services
 for those grappling with
 mental health issues.

Our Philosophy

Our whole purpose is to help individuals with serious mental health issues, who do not have Medicaid, be able to achieve, maintain and live a happy and healthy life.

512 W. State St.
 Olean, NY 14760

Phone: 716 - 790-2529

Fax: 716 - 373 - 4604

Your journey to recovery:

Addressing your mental, physical, and social well-being.

About the program:

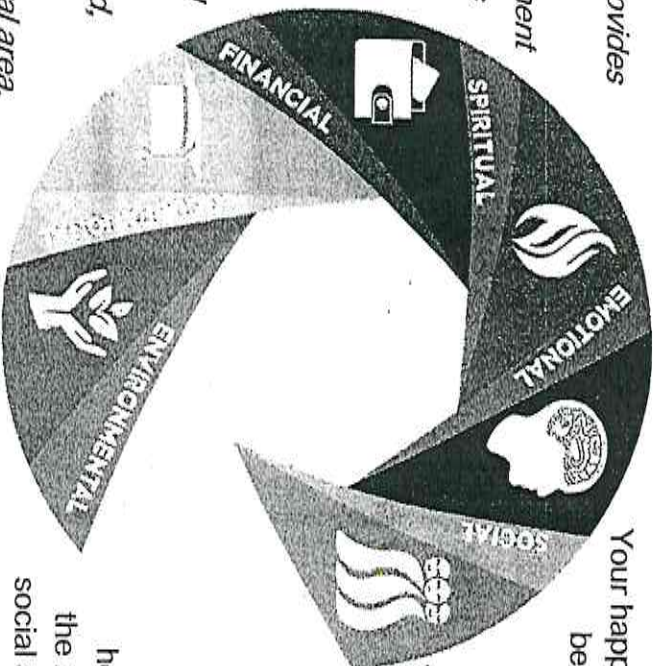
Care Coordination provides comprehensive and caring case management services to individuals with mental health issues who might benefit from a holistic, wellness-based plan.

Assistance is provided to individuals who do not qualify for Medicaid, who also are often underserved in our rural area.

The main objective is to identify patterns and behaviors that lead to destructive outcomes and develop healthy alternatives to avoid repeat behavioral health admissions.

The wellness model is based on seven different types of wellness as related to the participant as a whole.

Person-centered one-on-one support is provided to program participants while encouraging self-exploration and problem-solving skills through community supports.



About your needs:

Your happiness and recovery may be closer than you realize.

As complex, multi-faceted persons, if one area of your life is out of balance, your whole life may feel unsettled.

Care coordinators guide you in restoring your life to a calm state of well-being by helping you address the mental, physical and social areas of your life which, when working in harmony, empower you to succeed in all areas.

By using a person-centered approach, you identify your goals to make your best decisions that will take you on your journey to recovery.

By exploring community resources and obtaining referrals to helpful programs and one-on-one positive support, you will gain a sense of empowerment and wellness.

Through encouragement and assistance offered in weekly contact, you can review and overcome obstacles you encounter.

- Directions' Non-Medicaid Care Coordination services support you in areas in which you may not have had assistance in the past.
- Our Care Coordinator is well trained and equipped to provide you with the intensive services your needs require.
- Our services are unlimited in the amount of time our Care Coordinator can spend with you.
- As there are no guidelines defining the length of time you can be enrolled in the program, you will benefit from the full experience of our support services in all seven dimensions of well-being helping you achieve a happy and empowered life.

You are eligible if . . .

- You are a resident of Cattaraugus County.
- You have a significant mental illness.
- You have Medicare or any third party insurance, but **not** Medicaid.