

## [Our Member Agencies](#)

**We have partnered with several agencies  
across Cattaraugus County.**

[Association of Guidance Counselors](#)  
[Department of Community Services](#)  
[Department of Social Services](#)  
[Health Department](#)  
[Probation Department](#)  
[Cattaraugus County Sheriff's Office](#)  
[School Resource Officers](#)  
[Youth Bureau](#)  
[Council on Addiction Recovery  
Services, Inc.](#)  
[Gowanda Central School](#)  
[Greater Olean Area Chamber of  
Commerce](#)  
[Healthy Community Alliance](#)  
[Olean City School District](#)  
[Olean Police Department](#)  
[Tobacco Free CCA Coalition](#)  
[Salamanca Central School](#)  
[Salamanca Youth Bureau](#)  
[Seneca Salamanca Chamber of  
Commerce](#)  
[Seneca Strong](#)  
[YMCA of the Twin Tiers](#)

**We are looking for new members to join  
the coalition! If you would like more  
information on what we do and when we  
meet, please contact the community  
Coalition Coordinator at (716) 373-4303 or  
[hcc@councilonaddiction.org](mailto:hcc@councilonaddiction.org)**

## Follow us on social media

Facebook: [yourlifeyourchoicehcc](https://www.facebook.com/yourlifeyourchoicehcc)

Instagram: [@healthycattco](https://www.instagram.com/healthycattco)

Twitter: [@healthycattco](https://twitter.com/healthycattco)



**Stay informed - Text  
healthycattco (all one word) to  
22828 and receive our monthly  
newsletter.**

**Healthy Cattaraugus County (HCC)**  
**201 South Union Street**  
**Olean, NY 14760**  
**Phone: 716-373-4303 ext. 518**  
**[www.yourlife-yourchoice.com](http://www.yourlife-yourchoice.com)**  
**E-mail: [hcc@councilonaddiction.org](mailto:hcc@councilonaddiction.org)**

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## HEALTHY CATTARAUGUS COUNTY

**A DRUG-FREE COALITION**



**Making a positive  
impact in  
Cattaraugus County!**



**#BEDRUGFREEHCC**



### HCC MISSION

The mission of HCC is to prevent and reduce substance use and abuse among youth in Cattaraugus County. In collaboration with community partners, HCC will continue to educate in order to help change adult and youth perceptions.

### HCC VISION

The vision of HCC is to come together as a community that empowers youth to make healthy choices.

### WHAT DOES HCC DO?

Healthy Cattaraugus County is a community-based coalition of county stakeholders who are passionate about educating local youth and the county as a whole, regarding the dangers of substance use and abuse. Through collaboration from a dedicated group of volunteers, we are able to implement various prevention strategies that address a need within the county. We continue to strive to be effective change agents in the county to reduce youth use of alcohol, marijuana, tobacco and other substances.

## PREVENTION STRATEGIES

Our coalition is guided by the principles of the Strategic Prevention Framework and utilizes data-driven, evidence-based practices. Specifically, there are 7 Strategies for Environmental Change that HCC uses in the Strategic Action Plan for prevention of youth substance use. These strategies include activities such as providing educational presentations or meeting forums, social media messaging, webinars and curriculum development, mentoring and support groups, brainstorming ways to improve community-wide systems, providing incentives to organizations in compliance with local laws and ordinances, clean-up activities or added signage in substance-free zones, and working to change local policies and ordinances as they pertain to substance-related issues in our community.



*...Did you know that 13 is the average age that local youth report that they begin using alcohol and marijuana?*

*...According to the 2017, Cattaraugus County Prevention Needs Assessment data, 89.2 % of local youth grades 6-12 reported that they are NOT using marijuana. However, only 53.9% of local youth feel that people risk harming themselves if they smoke marijuana once or twice a week.*

*...Out of a sample of 1,195 local youth, 53.9% reported drinking alcohol at home with their parent's permission (this includes youth in grades 6-12)*

## MEMBER TESTIMONIALS

MEGAN PARISI

*"HCC is a place for like-minded individuals to create plans to produce positive change in the community. Proposed changes are data-driven and aimed to decrease marijuana use and underage drinking in the county."*



LIZ THREEHOUSE

*"I love my community, and being an HCC member has given me an opportunity to help make a real difference. I've learned so much from the other members and I'm convinced that the work we do will make a better and healthier future for the youth in our county."*

