



# Healthy Cattaraugus County Monthly Newsletter

October/2023

Fire Safety & Prevention Month

## OPEN HOUSE

### OLEAN FIRE DEPARTMENT

542 N Union St, Olean, NY 14760

**Saturday, October 21st**  
1 PM-4 PM

Get ready for a day of bonding, making memories, and enjoying a wide range of fun-filled activities. Here's what you can expect:

- Fire Safety Education
- Fun-Filled Activities
- Sparky Book Reading Starting at 2 PM
- Car Seat Inspection

SAFE KIDS Southern Tier Health Care System Inc. Ardent Solutions Network for Community Health

Contact Sydney Beeman with questions at safekids@sthcs.org or (716) 372-0614.

October is National Fire Prevention Month  
[Additional Information](#)

HCC October Blog Post  
[Read more](#)

## [HCC OCTOBER MEETING MINUTES](#)

NOVEMBER 2nd FROM 12:00 to 1:00pm is the next HCC GENERAL MEETING ON ZOOM Please contact Katelynn or Stephanie if you need a link to the meeting.

## Local Events

- Olean Fire Department Open House Oct. 21st
- Operation Open Hearts Trunk & Treat Oct. 22nd
- Red Ribbon week is Oct. 23rd through the 31st
- Seneca Strong's ACC/HERO Event Oct.30th
- National Pill Take-back Day is Oct. 28th

National Pill Take-Back Day  
Sponsored by the Cattaraugus County Sheriff's Office is October 28th

Click the image below for more information and drop off locations





Pictures from our in-person HCC  
General meeting on Oct 5th.



What HCC  
Committees do you  
want to be on?



Click the Committee Meeting  
image below for a list of  
Committee meeting dates and  
zoom links.



Thank you to the SENECA NATION  
CONNECTION for hosting our in-person  
meeting at their beautiful Youth Club  
House!

Please contact Katelynn  
[-ksmith2@casa-trinity.org](mailto:-ksmith2@casa-trinity.org) or  
Stephanie- [skubiak@casa-trinity.org](mailto:skubiak@casa-trinity.org) to join any of these  
committees

Thank You To All the  
Families that entered our  
National Family Fun Day  
Social Media Contest!

Below are a few pictures of the  
winners of our Good Times family  
packs.

## In-Kind Activity

As always, YOU are essential to the  
work we do. Please fill out any  
volunteer work (including  
conversations, connections, event  
planning or being present at an  
event so that we can count your  
time for our match!

[Link to In-kind Activity Tracker](#)

Do you Know any Students that  
would like to enter our Red  
Ribbon Week T-shirt design



## Contest?

Click the image below for a PDF and contest rules



Healthy Cattaraugus County:  
A Drug Free Coalition Presents

# RED RIBBON WEEK T-SHIRT DESIGN CONTEST

This year's theme:  
**'Be Kind to Your Mind'!!**

**Grades 6-12**  
For all schools in  
Cattaraugus County.

Win 5 custom shirts  
with your design!

Your design will also  
be featured for future  
HCC events!

Questions?  
Contact Stephanie Kublak, HCC Coordinator at skublak@casa-trinity.org.  
For more Red Ribbon Week info: <https://www.redribbon.org/>

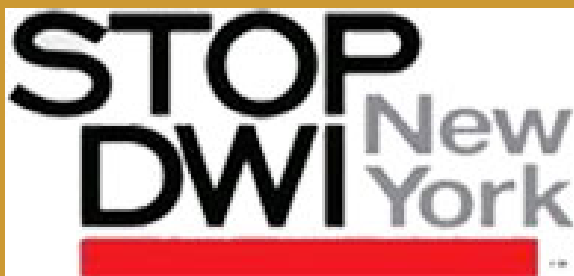


**FAMILY 4 PACK**  
4 GAMES OF BOWLING  
AND 4 SHOE RENTALS

**CASA-TRINITY**  
Hope begins here.

*Good Times*

NO WALK-INS. MUST MAKE A RESERVATION BY CALLING JEFF FOR LAKE LIABILITY 834 596 6846



## Information and Resources for Parents

It is often said that being a parent is the toughest job you will ever have. Staying well-informed and involved with your child in this technologically advanced world can be very challenging.

Peer pressure to “try” drugs and alcohol is still a major hurdle that teens find themselves having to navigate. This page provides links to resources that may be helpful

[Get more Information](#)

[www.yourlife-yourchoice.com](http://www.yourlife-yourchoice.com)



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