



Healthy Cattaraugus County Monthly Newsletter

DECEMBER/2023



December is National Drunk and Drugged Driving Prevention Month
[Additional Information](#)

HCC Blog Post
[Read more](#)

[HCC DECEMBER MEETING MINUTES](#)

There will be NO GENERAL HCC Meeting in JANUARY. There will be committee meetings. Please contact Katelynn or Stephanie for more information

Here is our winning T-shirt Contest Design. Watch our Facebook page for upcoming pictures of our

Local Events

There are many family friendly Holiday events in Cattaraugus County. Please click the link below for a good list.

<https://enchantedmountains.com/events>

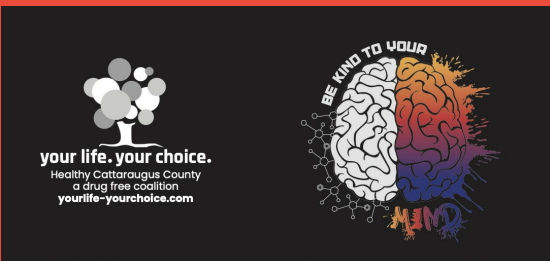
National Impaired Driving Prevention Month

Click the image below for more information



Please Contact Katelynn or Stephanie for committee meetings and times in January

Winning Student designer.



Please contact Katelynn ksmith2@casa-trinity.org or Stephanie- skubiak@casa-trinity.org to join any of the committees

Have a safe and Happy Holiday!



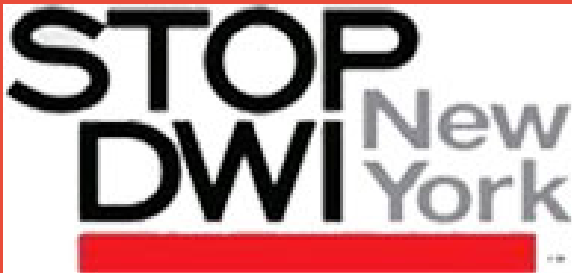
Thank you to the Greater Olean Chamber of Commerce for inviting us to The Jingle Bell Jubilee



In-Kind Activity

As always, YOU are essential to the work we do. Please fill out any volunteer work (including conversations, connections, event planning or being present at an event so that we can count your time for our match!

[Link to In-kind Activity Tracker](#)



Information and Resources for Parents

It is often said that being a parent is the toughest job you will ever have. Staying well-informed and involved with your child in this technologically advanced world can be very challenging.

Peer pressure to “try” drugs and alcohol is still a major hurdle that teens find themselves having to navigate. This page provides links to resources that may be helpful

[Get more Information](#)

www.yourlife-yourchoice.com



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